

GUIDANCE FOR REFERRAL OF CHILDREN TO DIETETIC SERVICES IN PRIMARY CARE For use by GP's / Consultant Community Paediatricians / Health Care Professionals

THE REFERRAL PROCESS / INFORMATION	COMPLEXITY GUIDE	POTENTIAL PATHWAY GUIDE
<p>Referrals should be sent via SystmOne/ PRISM to LLR.nutritiondietetics@nhs.net/electronically as appropriate to your practice/team. If you are unable to refer electronically, please contact us on 0116 222 7170 for further support.</p> <p>For non SystmOne practices, the PRISM referral form pathway is:- https://prism.leicestershire.nhs.uk/Default.aspx scroll down to Dietetics</p> <p>Parents / Guardians will be contacted by phone initially, and letter if we cannot make contact, asking them to arrange an appointment for their child. The referral will be processed according to referral complexity and parents will have the opportunity to choose an appropriate option for their child.</p> <p>For referral and general queries telephone: 0116 222 7170</p> <p>To refer a child for tube feeding (Gastrostomy,NJ,NG) at home please contact our Home Enteral Nutrition Service on 0116 222 7161 for advice on how to refer.</p> <p>For Young people under care of CAMHS: CAMHS staff can refer to the CAMHS dietetics service via SystmOne or PRISM. For referral enquiries contact our Mental Health Dietitians on lpt.mhdietitians@nhs.net for advice for advice.</p> <p>Patients with Coeliac Disease who are <16 years (unless being seen by an Out of Area Consultant) should be referred to the UHL Paediatric Gastro Team.</p> <p>For urgent telephone advice the Paediatric Dietitians can be contacted directly on 0116 222 7170</p>	<p>Children's Weight Management Obesity > 1-18 years of age There are several possible pathways depending on where the family lives, age of child, degree of obesity and co-morbidities</p> <p>General Non-Complex Cases Cow's Milk Protein Allergy – > 2 years old Nutrient deficiencies -confirmed by either a blood test or clinical observations</p> <p>Complex Cases and Children with Special Needs Obesity – with co morbidities and < 2 years across LLR (Obesity weight> 2 centiles difference for length/ weight) Faltering Growth (see NICE Faltering growth guidelines August 2020) Food Intolerances / Allergy* Eating issues related to developmental concerns eg delayed communication and social interaction, ADHD, Autism, global developmental delay, sensory feeding disorders Eating issues relating to Cerebral Palsy or other degenerative conditions Eating issues relating to genetic conditions eg Down's syndrome, Prader Willi, Di-George, muscular dystrophy</p> <p><i>*Children with 4 or more allergies should be referred to UHL Allergy Clinic</i></p> <p><i>* All Nut allergies should be referred to a specialist allergy clinic</i></p>	<p>See separate Children's weight management referral guidance sheet</p> <p>These children will be offered an appointment with a General Primary Care Dietitian.</p> <p>These children will normally be offered an appointment with a Community Paediatric Dietitian.</p> <p>Some children may be assessed in School if they attend a special school setting.</p> <p>Some Children may be offered an appointment with a General Primary Care Dietitian.</p>