

GUIDANCE FOR REFERRAL OF CHILDREN TO DIETETIC SERVICES IN PRIMARY CARE

For use by GP's / Consultant Community Paediatricians / Health Care Professionals

THE REFERRAL PROCESS / INFORMATION	COMPLEXITY GUIDE	POTENTIAL PATHWAY GUIDE
<p>Referrals should be sent via SystemOne/ PRISM to LLR.nutritiondietetics@nhs.net/electronically as appropriate to your practice/team. If you are unable to refer electronically, please contact us on 0116 222 7170 for further support.</p> <p>For non SystemOne practices, the PRISM referral form pathway is:- https://prism.leicestershire.nhs.uk/Default.aspx scroll down to Dietetics</p> <p>Parents / Guardians will be contacted by phone initially, and letter if we cannot make contact, asking them to arrange an appointment for their child. The referral will be processed according to referral complexity and parents will have the opportunity to choose an appropriate option for their child.</p> <p>For referral and general queries telephone: 0116 222 7170</p> <p>To refer a child for tube feeding (Gastrostomy,NJ,NG) at home please contact our Home Enteral Nutrition Service on 0116 222 7161 for advice on how to refer.</p> <p>For Young people under care of CAMHS: CAMHS staff can refer to the CAMHS dietetics service via SystemOne or PRISM. For referral enquiries contact our Mental Health Dietitians on 0116 225 3735 for advice.</p> <p>Coeliac Disease or suspected coeliac disease – all these children should be referred to a UHL Paediatric Gastroenterologist for confirmation of diagnosis. There is a specialist paediatric coeliac clinic at LRI</p> <p>For urgent telephone advice the Paediatric Dietitians can be contacted directly on 0116 222 7170</p>	<p>Children's Weight Management Obesity (not under 2 years of age) Obesity – with co-morbidities if obesity is the main reason for referral</p> <p>General Non-Complex Cases Healthy Eating advice / recent weight gain Obesity for children under 2 years Nutritional Assessment e.g. Calcium, Iron Intake Poor Weight Gain – low centile Inappropriate Diet & Eating Habits Weaning Advice Anaemia Without Faltering Growth Cow's Milk Protein Allergy – > 2 years old and already commenced on specialist formula</p> <p>Complex Cases and Children with Special Needs Obesity – with co morbidities and < 2 years across LLR Faltering Growth Weaning Problems Fussy Eating and Food Refusal with weight loss/ ↓centile Toddler diarrhoea and Gastrointestinal Disorders Anaemia with faltering growth Eczema, Food Intolerances / Allergy* Complex Feeding Problems including autism</p> <p><i>*Children with coeliac disease and children with more than 2 allergies should be referred to UHL Allergy Clinic</i></p>	<p>For Leicester City children with a BMI>99.6 centile or >98 centile with comorbidity can be seen by our service</p> <p>We currently do not see children in Leicestershire and Rutland and services are provided by Leicestershire County Council and Rutland Council</p> <p>These children will be offered an appointment with a Community Dietitian in a clinic of their parent's choice (usually as close to their local area as possible).</p> <p>These children are often already under the care of a community paediatrician and will be offered an appointment with a Community Paediatric Dietitian.</p> <p>Some children may be assessed at School if they attend a special school.</p>